

Come with us!

Guided Hiking Tours in Tuscany



HiKingTuscany.com

Hiking, Cycling, Birdwatching
in the nature.

Many interesting guided tours with an English speaking tourist guide. Explanation on nature, environment, history, with the possibility to do extra activity after the walking.

Apuane natural park, Fucecchio marshes, the wild coast of Baratti, Vinci, Collodi, the Chianti area and many other interesting places where to spend the morning or the entire day.

We know Tuscany, we live in Tuscany all the year and we can guide you among the pearls of our territory. Tourist guides, local expert, specialized in natural and environmental issues, English speaking will guide your groups explaining the landscape, wild species, history and legends.

We are also in touch with restaurants, tavern, cellars, agritourism, farms, museums. Ask us for coordinate the trail with one or more extra-visit after the guided tour with us.

Do you need a full day trail? Do you need one or more medium difficult trail for expert people? Do you need, quite the opposite, an easy or an extra-easy trail? You just have to ask to HikingTuscany.com

We will give you all the answers you need.

Let's leaf through the document and find out our main trails in Tuscany!

You can also go on our website and read much more about our activities.

Write us and start a new approach to the nature!

info@hikingtuscany.com



Monsummano Alto



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Monsummano Alto is the hill close to Monsummano Terme. It is a hot spot of biodiversity and a Middle Age village almost completely abandoned. The tour will rise the hill to the very top and it needs good legs and lungs. It's not a difficult trail, but the rising part of the route is a bit hard to do. It's an interesting tour due to the particular flora that grows here, like many wild orchids (that flowers between March and April), and due to the ruins of Middle Age walls and towers.

The trail is almost completely on dirty road, with gravel and stones. The group will rise the hill on foot and will reach the very top. On the top there is the ancient abandoned village and its ruins. The group will descent the hill again in order to come back visiting old quarries and their fauna.

The trail needs hiking boots, personal water and to be in good physical shape.

All the trail needs about 4 hours during which we recommend to have packed lunch sitting on the ruins of the ancient wall watching the panorama.

After the trail we advice to visit the Museum of the Territory located in Monsummano. It shows the history of the local area with many evidences and models. You can also visit the natural reserve of the Fucecchio Marshes, one of the most interesting local natural areas.



Vinci's countryside



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Vinci is where Leonardo da Vinci was born and it's also a nice village with an outstanding countryside. The trail will let you appreciate a small valley with a number of ancient mills (XVI and XVII century). We will understand how they worked and what kind of flour they produced. The trail will then go inside a monumental vineyard with dry stone wall where we can understand how the landscape was a time and how is evolving today. At the end we could also go to visit the house where Leonardo da Vinci was born and, if you want, you can enter and visit inside (you need to pay a ticket). It's an interesting tour because it mixes historical and natural issues in natural and semi-natural environment.

The trail is almost completely on dirty road, with gravel and clay (there could be mud) and there are some part on regular roads.

You need hiking boots, personal water and to be in good physical shape.

All the trail needs about 3 hours during which we recommend to have packed lunch sitting on the grass of an olive grove.

After the trail we advise to visit the Museum of Leonardo. It shows inventions and projects of Leonardo da Vinci. The village of Vinci, itself is nice for its narrow roads and small squares.



Path of the fairy tale



The Path of the fairy tale is one of the most beautiful and interesting trail of Valdinievole. The tour is a circle that starts in Pescia, touch Collodi and rise the hill into the woodland. We will find out the typical Tuscan countryside with historical heritage (like Collodi and the Villa Garzoni) and will enter inside ancient villages. We will encounter many interesting species of birds and plants and we will see the higher wooden statue of Pinocchio of the world (Collodi is the village Carlo Collodi spent most of his early life). It's not a difficult trail and the first part is with up and down on sweet hills, but the second part rise the slope and became a bit more hard to do. It's an interesting tour because it mixes historical and natural issues.

The trail is almost completely on dirty road, with gravel and clay (there could be mud). The trail needs hiking boots, personal water and to be in good physical shape.

After the trail the group could visit the garden of Villa Garzoni and the butterfly house, or chose a product and wine tasting in the afternoon.



Fucecchio Marshes



The Fucecchio Marshes is the largest inland marshes of Italy and one of the largest of Europe. It is a hot spot of biodiversity with hundreds of bird species and a particular flora and landscape. The tour will touch the typical Tuscan countryside with historical heritage (like an ancient Villa of the Medici family) and will enter inside a rich flatland woodland. Then we reach the most important harbour of the marshes and then we will enter in the wetland with the possibility to watch many birds inside the Natural Reserve. It's not a difficult trail and it is very flat. It's an interesting tour due to the continuous mixing of historical and natural issues.

The trail is almost completely on dirty road, with gravel and clay (there could become mud in case of recent rain).

The trail needs hiking boots, personal water and to be in good physical shape.

It needs about 3 hours to complete.

After the trail you can spend the afternoon going to the Grotta Giusti spa and enjoying the warm pool and the natural cave.



Baratti's Coast



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The Baratti's coast is one the most wild and interesting cliffs of Italy. It's completely enveloped by uncontaminated vegetation and it conserves many witnesses of ancient past. Here Etruscan leaved their graves close to their ancient quarries and today we can appreciate their past presence during the trail.

The group will descent the hill till the sea touching and smelling the Mediterranean flora.

A packet lunch is here highly recommended because you can stay both in the sun near the sea water or in the shadow of the Mediterranean scrub.

The trail is about 7 Km long but due to up and down on the hills it is medium difficult.

The trail is completely on dirty road, with gravel and stones.

The trail needs hiking boots, personal water and to be in good physical shape.

It needs about 4 hours to complete.

After the trail you can spend the afternoon going to the Baratti beach for stay at the sun and rest, or visit the Archaeological Park of Baratti and Populonia, very beautiful and interesting.



Geothermal area of Sasso Pisano



Maybe Larderello and its area is more famous, but near Sasso Pisano we can guide groups visiting the last natural area where you can see natural gas and steam emissions directly from the ground.

All the area is surrounded by woodland and vegetation and in clear days you can also see the seaside and the Tuscan archipelago.

Hot water, steam, sulfureted crystals, rocks cooked by the natural heat of the Earth and many other geological phenomenon will be the protagonist of the trail.

The trail is completely on dirty road, with gravel and stones.

The trail needs hiking boots, personal water and to be in good physical shape.

It needs about 3-4 hours to complete and due to up and down on the hill it is medium difficult.

After the trail you can spend the afternoon going to the Larderello museum, or to the Monterotondo museum in order to understand better what is happening underground.



Monte Forato



From Alto Matanna Mountain, throughout this fantastic trail we will reach the Monte Forato.

The name Monte Forato means “Holed mountain” because it consists of a natural arch of about 30 meters large.

It's an excursion inside the Natural Park of Alpi Apuane, in the Northern part of Tuscany. It consists of about 7 hours of walking, including rests and lunch time. It's a trail completely immersed in the nature among high peaks of mountains, woodland and rocks.

At the starting point there is a refuge and restaurant, after that the group will be alone with the guide and the mountains.

The trail is completely on rocky tracks with some very short steep parts that requires four free limbs. Slopes and hard parts put the trail in “hard” category.

The trail needs hiking boots, personal water and to be in very good physical shape.

It needs about 7 hours to complete and it requires the whole day be dedicated.



Lucca's aqueduct



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This trail follows the arches of the ancient Nottolini's aqueduct, one of the most majestic and interesting infrastructure of Lucca.

It consist of 460 arches from the beautiful city of Lucca to the mountains where there were 18 extra pure sources of water. The aqueduct is about 3,2 Km long and is surrounded by wonderful landscape.

We usually guide our group along the arches until the sources located on very green and clean hills. From here some groups like to follow the path and rise the slope to the very top from witch they can admire all the valley, Lucca and all the aqueduct from a high point. Others prefer to come back.

The trail is almost completely on dirty roads with some parts on regular roads. The trail can be adapted in order to obtain an almost flat route, or a combined flat and up and down route.

The groups need hiking boots, personal water and to be in good physical shape.

It needs from 4 hours to 7 hours to complete. In case of half day solution you can visit Lucca.



Concluding

I hope I let you appreciate Tuscany and many possibility Tuscany can give your groups.

There are many different landscape, many different environment with interesting species to be observed.

In Tuscany you can appreciate both nature and history, both deeply anchored to the territory.

If you like the seaside, we can guide you on the beautiful coasts of south Tuscany. If you love mountain we guide on the most beautiful trail of Northern Tuscany. If you like history, nature, geology we can advice trail all over the territory, from 0 to 1900 meter on the sea level. Tourist guides with degree in Natural Science or environmental expert will give your groups all the explanation on nature and history.

Trails with all kind of difficulties. All kind of ground surfaces, all the seasons, all the year.

Ask us what do you love to do and when and we will give you an answer as soon as possible.



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Do you manage small groups? We have the answers.

Do you manage large groups? We have the answers.

Can't you find the right trail for your group in the examples above? They are just some examples, we have many other trail ready for you, but we can also design a tailor made trail based on your request.

How to contact us? Write an e-mail to

info@hikingtuscany.com

Or visit the website

www.hikingtuscany.com

